



A loving environment for every child

Watch Me Grow

Child Development Center

August Newsletter



Please visit our new Website at
www.watchmegrowlv.com
Please add us as a Friend on Facebook
and Twitter

Refer a friend and receive a \$75.00 tuition
credit
Call today for more details

Did You Know???

Watch Me Grow transports to a
number of area school?
Call today to learn about our Voyager
Program

- Watch Me Grow is more affordable than safe key,
- Open on most non school days
- Provides breakfast, lunch and snack at no additional fee

Call today to learn more!!

Kids say the funniest things.....

One of our expecting mothers arrived to pick up her daughter from class. When she entered the classroom her daughter announced to the teacher look my mommy has a baby in her tummy.

Another child quickly patted the teacher on the stomach and said "Is that why your tummy is big teacher? Do you have a baby in your tummy too?"

You have to appreciate the honesty of a child 😊

Family Engagement/ Parent Education Opportunities

Date: August 14, 2014
Time: 6:30-8:30
Location: Watch Me Grow
Presenter: Back to School

*Child Care and Refreshments provided

10 Back-to-School Tips for Parents of Elementary School Aged Kids

Start a successful school year—and keep it going!

Posted to ParentFurther a search institute resource for families



1. If you and your child have fallen out of your bedtime routine this summer, get back into a solid routine! A week before the first day of school is a good time frame in which to begin.
2. Plan and shop for healthy breakfasts and lunches a week in advance. This will save you precious time and prevent much stress in the long run!
3. Go shopping for school supplies together. Some elementary school teachers will provide specific supply lists for their classes. Your area's office supply store may also have local school supplies lists on hand. Shopping from a teacher-supplied list will ensure your child has the right supplies, and could save you a ton of money and time.
4. Save time on those busy school mornings by preparing your child's clothes a week ahead of time, already paired. Place a pair of socks, underwear, a shirt, and matching bottoms together in the drawer so that your child can easily grab a stack and go.
5. Support positive study habits early! Create a homework center—a specific area in the house where your child can do homework each evening. Make sure that it's in a quiet place and stocked with enough supplies, such as pencils, erasers, paper, a folder or two, and a calculator.

This Months Curriculum Themes

The August monthly curriculum theme is Under the Sea/ Ocean. Children will learn about the various plants, mammals and fish that live in the world's oceans. The teachers will discuss coral reefs and the habitat they provide for the sea creatures and ocean life.

Classrooms will make an ocean environment by making school of fish, jellyfish, octopus and other sea creatures. The children will experience the sounds of the ocean by listening to waves and oceanic soundscapes. Children will sing songs about fish, whales and sharks. They will also learn how to crab walk just like to floor dwelling crustaceans.

New vocabulary words will include: mammals, blubber, tentacles, gills, seaweed and coral.

Please review the monthly center activity calendar. We have a number of special events and activities this month

Healthy Lunch Options

Banana Dog

from FamilyFun Magazine



Instructions

1. Simply spread a whole-grain hot dog bun with peanut butter, sprinkle with wheat germ or sunflower seeds, and top with a whole, peeled banana and a squiggle of jam. Add a side of milk to round out the meal. **Variation:** For a Banana Burrito, substitute a tortilla for the bun

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6. Pack light—a backpack should never weigh more than 10 to 20 percent of the student's body weight. Always use both shoulder straps. Slinging a backpack over one shoulder can strain muscles and may increase curvature of the spine.

7. Prepare your child for social situations in the elementary school classroom. A certain level of social anxiety is normal for elementary school aged kids. Teach her to introduce herself and make friends: "Hi, my name is Sarah; what's yours?" If she's older, role play various social scenarios with her—from sharing classroom supplies to encounters with older kids.

8. Keep encouraging literacy at home. Read frequently with your kids and make frequent trips to your local library.

9. If your child is going to be riding the bus to school for the first time, be sure to talk about bus safety. It's also a good time to reinforce general school safety rules including who he should and shouldn't talk to, and when he should and shouldn't get off the school bus (when you or a guardian is not there waiting to pick him up).

10. Parent involvement in education is important throughout elementary school! Talk to your child's teacher regularly about his educational and social development or, if your schedule permits, volunteer your time in the classroom or become an active participant in your school's PTO/PTA



Inspirational quote.....

"Tell me and I forget. Teach me and I remember. Involve me and I learn." -- Benjamin Franklin