

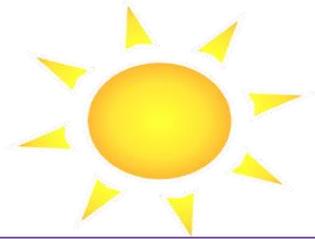


A loving environment for every child

Watch Me Grow

Child Development Center

August Newsletter



Please visit our website at www.watchmegrowlv.com
Please add like us on Facebook and follow us on Twitter

Refer a friend and receive a \$75.00 tuition credit
Call today for more details

Did You Know???

Watch Me Grow transports to a number of area schools?
Call today to learn about our Voyager Program!

- Watch Me Grow is more affordable than safe key
- Open on most non-school days
- Provides breakfast and snack at no additional fee (lunch on non-school days)

Call today to learn more!!

10 Back-to-School Tips for Parents of Elementary School Aged Kids

Start a successful school year—and keep it going!

Posted to ParentFurther a search institute resource for families



1. If you and your child have fallen out of your bedtime routine this summer, get back into a solid routine! A week before the first day of school is a good time frame in which to begin.

2. Plan and shop for healthy breakfasts and lunches a week in advance. This will save you precious time and prevent much stress in the long run!

3. Go shopping for school supplies together. Some elementary school teachers will provide specific supply lists for their classes. Your area's office supply store may also have local school supplies lists on hand. Shopping from a teacher-supplied list will ensure your child has the right supplies, and could save you a ton of money and time.

4. Save time on those busy school mornings by preparing your child's clothes a week ahead of time, already paired. Place a pair of socks, underwear, a shirt, and matching bottoms together in the drawer so that your child can easily grab a stack and go.

5. Support positive study habits early! Create a homework center—a specific area in the house where your child can do homework each evening. Make sure that it's in a quiet place and stocked with enough supplies, such as pencils, erasers, paper, a folder or two, and a calculator.

Kids say the funniest things.....

Jokes- courtesy of Summer Campers in Room 9

Knock knock?
Who's there?
Itch.
Itch who?
Itch you!

What's big, green and sits in the corner and cries all day?
*The Incredible Sulk

Upcoming Events



- August 7:** Parent's Night Out
Back to School Pajama Blast
- August 17-21:** WMG Spirit Week
- August 21:** WMG End of Summer
Ice Cream Social
- August 24:** CCSD 1st Day of School
- September 7:** Labor Day
WMG Closed

This Month's Curriculum Theme

The August monthly curriculum theme is Under the Sea/ Ocean. Children will learn about the various plants, mammals and fish that live in the world's oceans. The teachers will discuss coral reefs and the habitat they provide for the sea creatures and ocean life.

Classrooms will make an ocean environment by making school of fish, jellyfish, octopus and other sea creatures. The children will experience the sounds of the ocean by listening to waves and oceanic soundscapes. Children will sing songs about fish, whales and sharks. They will also learn how to crab walk just like to floor dwelling crustaceans.

New vocabulary words will include: mammals, blubber, tentacles, gills, seaweed and coral.

Please review the monthly center activity calendar. We have a number of special events and activities this month



Ingredients:

- 1/2 cup plain Greek yogurt
- Sweetener to taste (like honey)
- 1/2 tsp vanilla
- 2 tsp fresh squeezed orange or lime juice
- Tortillas (white or whole wheat)
- Seasonal Fruit

Directions:

1. Combine first 4 ingredients in a bowl and whisk until well blended.
2. Spread mixture over tortillas.
3. Decorate with your favorite seasonal fruit combinations

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10 Back-to-School Tips for Parents of Elementary School Aged Kids

6. Pack light—a backpack should never weigh more than 10 to 20 percent of the student's body weight. Always use both shoulder straps. Slinging a backpack over one shoulder can strain muscles and may increase curvature of the spine.

7. Prepare your child for social situations in the elementary school classroom. A certain level of social anxiety is normal for elementary school aged kids. Teach her to introduce herself and make friends: "Hi, my name is Sarah; what's yours?" If she's older, role play various social scenarios with her—from sharing classroom supplies to encounters with older kids.

8. Keep encouraging literacy at home. Read frequently with your kids and make frequent trips to your local library.

9. If your child is going to be riding the bus to school for the first time, be sure to talk about bus safety. It's also a good time to reinforce general school safety rules including who he should and shouldn't talk to, and when he should and shouldn't get off the school bus (when you or a guardian is not there waiting to pick him up).

10. Parent involvement in education is important throughout elementary school! Talk to your child's teacher regularly about his educational and social development or, if your schedule permits, volunteer your time in the classroom or become an active participant in your school's PTO/PTA



Inspirational quote.....

"As your kids grow up they may forget what you said, but they won't forget how you made them feel."

-Kevin Heath