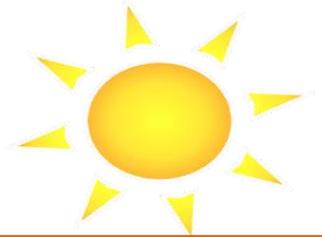




A loving environment for every child

Watch Me Grow

Child Development Center



November Newsletter

Please visit our website at www.watchmegrowlv.com
Please like us on Facebook and follow us on Twitter

Refer a friend and receive a \$75.00 tuition credit
Call today for more details

Reminder

Watch Me Grow will be Closed

November 26, 2015
Thanksgiving

November 27, 2015
Family Day



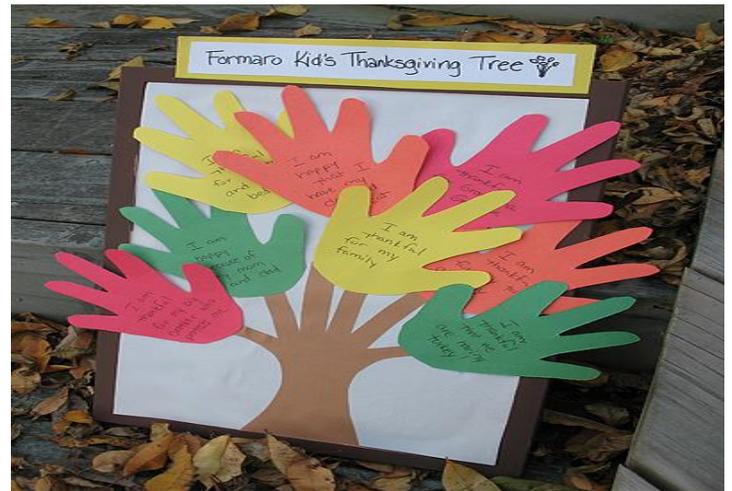
5 year olds share Thanksgiving recipes...

Turkey:

You cut the turkey up and put it in the oven for ten minutes and 300 degrees. You put gravy on it and eat it.

Banana Pie:

You buy some bananas and crust. Then you mash them up and put them in the pie. Then you eat it.



A Child's Thanksgiving Tree

- Construction paper: red, orange, yellow, green, brown
- Poster board
- Pen
- Glue stick
- Tree Trunk
- Paint for border of bulletin board (optional)

1. Trace children's hands on sheets of red, orange, green and yellow construction paper. You or the kids write what they are thankful for on one side, and write their names and the year on the back side.

2. Cut the tree from brown paper. Use a glue stick to attach the tree to the poster board.

3. Use glue stick to attach the hands to the tree.

Continued on page 2

Upcoming Events

Watch Me Grow

Nov. 26, 2015 -Thanksgiving (CLOSED)
Nov. 27, 2015 -Family Day (CLOSED)

CCSD School Closing Schedule

Nov. 2, 2015 - Staff Development Day
Nov. 3, 2015 - Staff Development Day
Nov. 11, 2015 - Veteran's Day
NNov. 26, 2015 -Thanksgiving (CLOSED)
Nov. 27, 2015 -Family Day (CLOSED)



This Months Curriculum Themes

The November monthly curriculum theme is Family and Heritage. Each week, the teachers will focus on a different topic pertaining to this month's theme. They will learn about different cultures and heritages from their families and families around the world. They will become more aware of nutrition and the benefits of healthy eating.

The children will also be learning about Thanksgiving. Thanksgiving is celebrated as a day of giving thanks for the blessing of the harvest and of the preceding year. The cornucopia is a traditional Thanksgiving decoration. The children will also learn about the First Thanksgiving with the Pilgrims and Indians.

Please review the monthly center activity calendar. We have a number of special events and activities this month.



Turkey Cookies

Ingredients

- 1 roll (16.5 oz) Pillsbury™ refrigerated sugar cookies or 1 package (16 oz) Pillsbury™ Ready To Bake!™ refrigerated sugar cookies (24 cookies)
- 1 container (16 oz) chocolate creamy frosting
- Candy corn
- Fall colored sprinkles
- Orange decorating icing
- Miniature candy-coated chocolate baking bits

Steps

1. Bake cookies as directed on roll or package. Cool completely, about 10 minutes.
2. Spoon chocolate frosting on the top of each cookie and spread. Arrange candy corn over frosting for feathers.
3. Pipe orange icing onto each cookie to resemble turkey face and feet. Use orange icing to attach baking bits to turkey face for eyes. Pipe black gel on baking bits for centers of eyes.
4. Spread a "pinch" of sprinkles underneath the candy corn.

A Child's Thanksgiving Tree continued from page 1

4. Use a piece of yellow construction paper as a border and a smaller piece of white paper glued on top of it, then write your family surname and "Kid's Thanksgiving Tree" with a black marker. Attach to the top of the bulletin board with glue stick.



6 Ways to Help Your Preschooler's

Personality Blossom By Wendy C. Fries

1. Remember that your child is unique. "Children differ in remarkable ways from each other in their budding personalities," Deater-Deckard says. That includes siblings. Ultimately, "healthy personality development is fostered by parenting that is sensitive and responsive to the individual strengths and needs of the child."

2. Encourage play. Play is a huge influence on a child's development. Pediatrician Tanya R. Altmann, says giving kids time to play is key to helping your child's personality blossom. It teaches them to work in groups, settle conflicts, develop their imagination, and try different roles. They also practice decision-making, learn to stand up for themselves, create, explore, and lead.

3. Avoid labels. You want your child's personality to develop on its own without being shaped by your (or anyone else's) views. So avoid labeling your preschooler with words like shy, bossy, emotional, or tough.

4. Set an example. You're probably the person your preschooler sees and imitates the most. So it's up to you to model politeness, sharing, and patience.

5. Realize it's nature *and* nurture. Don't chalk up your child's personality to just his or her nature or the nurturing you provide. Both matter, and both work "together to create the diversity of children's and adults' personalities."

6. Let your child be him/ herself, not an image of you. Maybe you're very outgoing, focused, quiet, or shy. You may want your child to be like that, too. But it's much more important that your child be him or herself and that your child make friends and meet the world in his or her own way.

Inspirational quote.....

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough"

— Oprah Winfrey