



A loving environment for every child

Watch Me Grow

Child Development Center

January Newsletter



Please visit our website at www.watchmegrowlv.com
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Santa's Visit

Was a success!!



Each classroom came up together and waited to visit with Santa. While the children waited, they enjoyed a special treat of cookies and milk.

Pictures were taken while visiting with Santa. The children received a special letter from Santa and a picture to serve as a memoir of their time.

Looking forward to next year!



Sparkle snow feels like fluffy clouds in your hands!

It is really powdery, yet mold-able.

It is SO SOFT!

Ingredients

- Two 16 oz boxes of corn starch/ corn flour
- One can of shaving cream
- Iridescent Snow Flakes or Iridescent Glitter

Directions

Mix the shaving cream and corn starch together in a sensory bin or container. (It takes a bit of mixing to work the shaving cream into the corn starch, but the process is **FUN!**)

Once these ingredients are mixed, add the snow flakes/ glitter and mix.

(You don't need the whole bag of snow. Just keep adding it until you like the amount of sparkle.)



Reminder

Watch Me Grow will be Closed

❖ January 2, 2017- New Year's Day (Observed)

Happy New Year!



This Months Curriculum Theme

Brrr! It's winter and January's monthly curriculum theme is Winter and Arctic Animals. The classrooms will be welcoming winter by learning about clothing that is worn during this cold season. Classrooms will discuss the change in our environment when it is winter, for example, temperature/ weather changes, change in foliage, shorter days, etc. They will also learn that there are sports that can only be enjoyed during this season like skiing, ice-skating and bobsledding. Activities will include "freeze dance", "snowball" throwing practice, ice cube paintings, and creating snowflakes.

Children will also learn about the arctic and the animals that live there, such as foxes, wolves, penguins, walrus, polar bears and snowy owls. They will learn about how the animal's white outer fur or white feathers help camouflage them on the snow-covered winter landscape. Activities will include waddling like a penguin, an arctic animal parade, and creating penguins/ polar bears during art.

In the winter unit, children will learn new vocabulary words such as mittens, scarf, icicle, and bobsledding. In the arctic animals unit, vocabulary will include the names of the animals, as well as camouflage, blubber, and hibernate. They will play games, read stories and sing songs to help them learn more information about the theme.

Please review the monthly center activity calendar. We have a number of special events and activities this month.



Bubbly Jell-O Parfait

from **FamilyFun Magazine**

Grab a spoon and toast the New Year with a cool, sparkly dessert that wiggles.

1. Make bubbly Jell-O according to the directions on a box of Sparkling White Grape Jell-O. Be sure to use club soda, seltzer, or ginger ale and follow the tips on the box for getting the gelatin to sparkle.
2. Chill the Jell-O in champagne flutes or parfait glasses. We suggest making these the day of the party, since they might lose some bubblyness if they're made further ahead. Wind a metallic multicolored star garland (available at party stores) up the stem of the glass for pizzazz.

Daily Parenting Tip- Parenting Magazine

How Do I Teach My Child to Sleep Alone?

Anxiety, insecurity, distractions -- these can all send your little one straight from her bed into yours. Luckily, you can break this bedtime habit. Here's how to encourage your child to sleep independently.

Remove televisions, computers, and other electronic devices from your tot's room to create an environment that is conducive to sleep. "The stimulation associated with watching TV or playing video games and the light from computer and TV screens both make it much more difficult to fall asleep," says *Parents* adviser Judith Owens, M.D., coauthor of *Take Charge of Your Child's Sleep*. "Certainly, a dim light, such as a night-light, is OK for kids who need it."



I have a Dream Handprints

Give each child a piece of white paper shaped as a heart, in the center write "I have a dream...". Have the children write or dictate their dream and write it on the heart. Glue the white heart to a slightly larger red heart and then glue to the center of a rectangular sheet of construction paper.

Then, using multicultural skin tone paints - have the children dip a hand in one color paint and press onto one side of the paper. Then have the children dip their other hand in another color and press on the other side of their paper.

Explain how this symbolizes our friendship with each other, and that we all have the same dreams for a better world!

Parenting is the easiest thing in the world to have an opinion about, but the hardest thing in the world to do.

Matt Walsh